

## Chop Suey Baked

1 c rice  
2 1/2c hot water

1 lb ground beef  
1/2 lb ground pork  
1 large onion, chopped  
1/2 c celery, chopped  
2 cloves garlic, minced

1 c mushrooms, chopped  
1 1/2 c bean sprouts  
1 can water chestnuts or 3/4 c jicama  
2 Tbsp brown sugar  
3 to 4 Tbsp soy sauce  
Salt and pepper  
1 Tbsp flour  
1/8 tsp Chinese Five Spice  
1/4 tsp powdered ginger – or 3/4 tsp fresh ginger, minced

In a 13 X 9 lightly oiled baking dish, place uncooked rice  
Cover rice with 2 1/2 c hot water and set aside  
Saute meat with onion and celery and garlic  
Add sautéed mixture to remaining ingredients and mix  
Place these ingredients on top of rice  
Bake covered at 350 deg for 1 to 1 1/2 hours

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