Taste#Home



Key Lime Mousse Cups

TOTAL TIME: Prep/Total Time: 20 min.

YIELD: 2-1/2 dozen.

Light, lovely and laced with a splash of tart key lime juice, these fancy little phyllo cups are so refreshing served as an after-dinner dessert treat...and they take just minutes to whip up! —Suzanne Pauley, Renton, Washington

Ingredients

4 ounces cream cheese, softened
2/3 cup sweetened condensed milk
1/4 cup Key lime juice
1/2 cup heavy whipping cream, whipped
2 packages (1.9 ounces each) frozen miniature phyllo tart shells
Fresh raspberries and lime wedges, optional

Directions

1. In a large bowl, beat the cream cheese, milk and juice until smooth; fold in whipped cream. Pipe into tart shells. Garnish with raspberries and lime wedges if desired. Serve immediately.

Nutrition Facts

1 each: 69 calories, 4g fat (2g saturated fat), 12mg cholesterol, 30mg sodium, 6g carbohydrate (4g sugars, 0 fiber), 1g protein.

© 2023 RDA Enthusiast Brands, LLC



Search

Submit