

PORCUPINE MEATBALLS

Marsha Willard

1/2 lb ground beef
1/4 c rice, uncooked
1/4 c milk
1/4 c chopped onion
1/2 tsp salt
1/4 tsp garlic powder
dash salt and pepper
1T shortening or bacon drippings
1 8 oz can tomato sauce
1/2 c water 1 1/2 tsp worcestershire sauce

Mix rice, beef, milk, onion and seasonings
Fry in melted shortening until brown, turning
Add tomato sauce, water and Worcestershire sauce
Mix well
Cover; simmer 45 minutes over low heat
Add small amount of water if necessary

2 servings